

# WHAT TO DO If You Experience Sexual Misconduct

It is most important to do what is right for you. There is no right or wrong way to respond to an act of sexual misconduct. If you or someone you know has been assaulted, a variety of resources are available and we encourage you to consider the following actions:

**Consent** to engage in sexual activity must be informed, freely given and mutual. Consent must be ongoing, throughout each instance of sexual activity, and for each form of sexual contact. Consent to one form of sexual contact does not constitute consent to all forms of sexual contact.

**Prohibited sexual misconduct** includes sexual assault, inducing incapacitation for sexual purposes, sexual exploitation, stalking and dating or domestic violence.

- **Sexual assault** means actual or attempted sexual contact with another person without that person's consent. Sexual assault includes, but is not limited to: physical sexual acts perpetrated against a person's will or where a person is incapable of giving consent. This includes rape, sexual assault, battery, and sexual coercion.
- **Inducing incapacitation** for sexual purposes includes the use of drugs, alcohol, or other means with the intent to affect or having an actual effect on the ability of an individual to consent or refuse to consent to sexual contact.
- **Sexual exploitation** occurs when a person takes non-consensual or abusive sexual advantage of another for anyone's advantage or benefit other than the person being exploited.
- **Stalking** means engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for their safety or the safety of others; or suffer substantial emotional distress.
- **Dating violence** is violence committed by a person who is or has been in a social relationship of a romantic or intimate nature with the victim.
- **Domestic violence** includes felony or misdemeanor crimes of violence committed by a current or former spouse or intimate partner of the victim, by a person with whom the victim shares a child in common, by a person who is cohabitating with or has cohabitated with the victim as a spouse or intimate partner, by a person similarly situated to a spouse of the victim under the domestic or family violence laws of the jurisdiction, or any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of the jurisdiction.

**Retaliation** It is a violation of College Policy to retaliate in any way against a person or persons because they have opposed any practices forbidden under the Policy Against Sex Discrimination, including Sexual Harassment, Sexual Misconduct, Interpersonal Violence and Stalking or have filed a report, assisted, or participated in any manner in an investigation or proceeding under this Policy. This includes action taken against a bystander who intervened to stop or attempt to stop discrimination, harassment, sexual misconduct, interpersonal violence, or stalking. Retaliation may take many forms, and may include intimidating, threatening, coercing, or in any way discriminating against an individual because of the individual's complaint or participation. Action is generally deemed retaliatory if it would deter a reasonable person in the same circumstances from opposing practices prohibited by this Policy. The College will take immediate and responsive action upon receiving any report of retaliation and may pursue disciplinary action as appropriate.

## Seek Medical Care

The medical exam has two goals: first, to treat the full extent of any injury or physical trauma and to consider the possibilities of sexually transmitted disease or pregnancy and, second, to properly preserve evidence in case you decide to pursue legal action.

It is important that you do not bathe, shower, douche, brush your teeth, relieve yourself, drink or change your clothing, as you may be destroying evidence you will need if you decide to report the incident to local law enforcement.

**Galesburg Cottage Hospital**  
695 N. Kellogg Street  
309-345-4223

**OSF St. Mary Medical Center**  
3333 N. Seminary Street  
309-344-3161, ext. 1155

Emergency assistance is available 24 hours a day through **Knox College Campus Safety: 309-341-7979**. Campus Safety officers will escort any Knox community member, provide transportation to area hospitals, and help in connecting you to the Title IX Coordinator, who will support and provide you with information regarding options, including interim remedies to provide for the safety of the individual and the campus community.

Emergency Contraception (EC) reduces the risk of pregnancy after unprotected sex or a sexual assault. The most common form of EC is Plan B. Plan B is available without a prescription from a pharmacist.

**Walgreens 24-Hour Pharmacy**  
844 W. Fremont Street  
309-343-5141

**Family Planning Services of Western Illinois, Inc.**  
Provides local confidential, low-cost, preventative health care to both females and males to help with their sexual health and reproductive health needs.  
311 E. Main Street, Suite #409  
309-343-6162

## Seek Support from a Confidential Source

Talk to someone you trust. There are people on campus and in the community who are trained to help you cope with the experience of sexual misconduct and consider your options.

Counselors and medical personnel at the **Knox College Health and Counseling Center** can provide emotional and medical support in a safe and confidential space. They may not share your information without your expressed consent unless there is an imminent danger to you or to others or as otherwise required by law. They can also help you think through you options for filing a formal report.

During regular business hours: 309-341-7492  
After hours, call Campus Safety: 309-341-7979,  
and ask to speak with a counselor

A **Victim Services Advocate** from **Western Illinois Regional Council (WIRC) Victim Services**, a community action agency, can be reached through a 24-hour crisis line. The Advocate can meet a survivor victim at the hospital to serve as a no cost personal link between the hospital, local law enforcement, and their legal advocacy staff. This person can help a victim survivor understand the choices and rights afforded to them during the medical examination and beyond, as both a medical and legal advocate. These services are free to the victim survivor.

24 hour crisis line: 309-837-5555  
[www.wirpc.org/victimservices](http://www.wirpc.org/victimservices)

The **Rape, Abuse & Incest National Network (RAINN)** has trained volunteers on duty and available to help survivor victims at crisis centers across the country. These services are offered at no charge to the victim survivor.

**24-Hour National Sexual Assault Hotline: 1-800-656-HOPE (4673)**  
[www.rainn.org](http://www.rainn.org)

**Safe Harbor Family Crisis Center** is a non-profit community agency that provides confidential free confidential help to individuals who are experiencing violence in their relationships.

1188 W. Main Street  
24-hour Local Crisis Line: 309-343-SAFE (7233)  
National Domestic Violence Hotline: 800-733-SAFE (7233)  
[www.safeharbordv.org](http://www.safeharbordv.org)

## Report

While we recognize that a report may emerge through many sources, we encourage those who experience sexual harassment and sexual misconduct to report directly to the Knox College Title IX Coordinator, Deputy Title IX Coordinator or a member of the Title IX Team. These individuals will support and provide you with information regarding options, including: investigation and resolution procedures, interim remedies, and ongoing emotional support. These individuals will assist in eliminating the misconduct, preventing its recurrence and addressing the effects.

All of the resources listed below are trained to support students and coordinate with the Title IX Coordinator consistent with the College's commitment to a safe and healthy educational environment. Knox College values your privacy. Reports of sexual assault will be shared only with individuals with a need-to-know or as required by law.

### Filing A Report Off-Campus

You may also choose to report the incident to local law enforcement. Campus Safety can assist you with this.

**Galesburg Police Headquarters/ Public Safety**  
150 S. Broad Street  
309-343-9151 or 911

### Caring Faculty and Staff Members

If you have a trusting relationship with a faculty or staff member, this may be a good place to start. With the exception of the Knox College Health and Counseling Service, all other faculty and staff of Knox College will connect you to the Title IX Coordinator. They are required to do so to ensure all victims of sexual assault have access to the special support and service the College is committed to providing. All incidents reported will be handled with care and concern for the person assaulted and for the welfare of the campus.

### Amnesty/Good Samaritan Policy

The College recognizes that an individual who has been drinking or using drugs at the time of an incident of sexual misconduct may be hesitant to make a report because of potential disciplinary consequences. An individual who reports sexual misconduct will not be subject to disciplinary action by the College for personal consumption of alcohol or drugs at or near the time of the incident, provided that any such violations did not/do not endanger the health or well-being of any other individual. The College may, however, initiate an educational discussion or pursue other educational remedies regarding alcohol or other drugs.

### Online Anonymous Reporting Option

The College has an online mechanism for anonymous reporting of acts of sexual misconduct with complete confidentiality. The form is available at [www.knox.edu/anonymousreport](http://www.knox.edu/anonymousreport) or under the "Forms & Requests" option at [my.knox.edu](http://my.knox.edu). These reports will be sent to the Title IX Coordinator who will make every effort to respond, but the College's ability to respond to an anonymous report may be limited.

## Know Your Resources

Knox has established a Policy Against Sex Discrimination, including Sexual Harassment, Sexual Misconduct, Interpersonal Violence and Stalking that articulates the College's set of behavior standards, common understandings of definitions and key concepts, and descriptions of prohibited conduct. The Investigation and Resolution Procedures for Allegations of Sex Discrimination, including Sexual Harassment, Sexual Misconduct, Interpersonal Violence and Stalking also outline the College's approach to addressing reports of sexual misconduct.  
[www.knox.edu/titleix](http://www.knox.edu/titleix)

Knox College is committed to undertaking prompt, thorough, impartial and fair investigations of all alleged and suspected violations of the Policy about which the College knows, or reasonably should know, and to treating all individuals with respect and sensitivity.

Knox College affirms its commitment to create and maintain an environment free from acts of sexual assault and other types of sexual misconduct and to foster within that environment respect for the dignity of all members of the community. Accordingly, Knox College will not tolerate any acts of sexual misconduct.

For more information on Knox's policy on sexual misconduct, visit our website.



[www.knox.edu/daretocare](http://www.knox.edu/daretocare)

## If Someone You Know Is Assaulted

If someone comes to you for help, recognize that they might be struggling with painful feelings—anger, fear, denial, or embarrassment.

As a supportive friend or ally, you provide support, give assurance that College and community resources are available to help, and offer assistance to access these resources.

Suggestions for how to help victims/survivors of interpersonal violence:

- Be a good listener by being attentive and not passing judgment on what a victim/survivor shares with you.
- Respect the victim or survivor's need for privacy. It is their choice what and how much to share. If you are a College employee, be candid about your obligation to report the incident to the Title IX Coordinator or a member of the Title IX Team.
- Remain patient with the victim or survivor. Each person is different in how they cope with experiencing sexual or relationship violence and how much time it takes to heal.
- Help to empower the survivor. Instead of offering advice, ask how you can best support them. Offer encouragement, but do not pressure the victim or survivor to take any particular action. Respect their decisions.
- Be present for the victim or survivor. Having someone there as they explore medical, legal, and on-campus judicial options can be comforting when faced with difficult decisions and interpreting processes and procedures.
- Be mindful of your own needs and be sure to take care of yourself. People in supporting roles can benefit from professional assistance by speaking to someone at the Knox College Health and Counseling Center.

## Escort Services

Campus Safety officers are available 24 hours a day to provide escorts on the Knox campus by calling 309-341-7979.

## Student Group for Survivors of Sexual Assault

A support group for students who have been sexually assaulted will meet on campus. This group, led by Diane Mayfield, a counselor from WIRC-CAA Victim Services, will offer an opportunity to assist students with the healing process.

If you are a student and are interested in this group, please email Diane at [diane@wirpc.org](mailto:diane@wirpc.org). You may also call her at 309-836-2148 or 309-837-5555, and ask for Diane. The location of the group room will remain confidential, and Diane will disclose it directly to group participants.

# Sexual assault is **NEVER** the victim/ survivor's fault.



### Kim Schrader, Title IX Coordinator

Old Jail, Room 12  
Office: 309-341-7751  
Cell: 309-337-6536  
[kschrade@knox.edu](mailto:kschrade@knox.edu)

This printed brochure is for information purposes only. To ensure compliance with evolving guidance and best practices, the most recent and up-to-date Knox Policy Against Sex Discrimination, including Sexual Harassment and Sexual Misconduct is available on our website, [www.knox.edu/daretocare](http://www.knox.edu/daretocare) or [www.knox.edu/titleix](http://www.knox.edu/titleix).

