


HC360 Daily Symptom Tracker

Presented By | Ali Reeg, HealthCheck360



STEP 1: REGISTRATION



Wed 08/12/2020 1:55 PM
symptom-tracking@hc360.io
Registration - COVID-19 Program

To ALI REEG

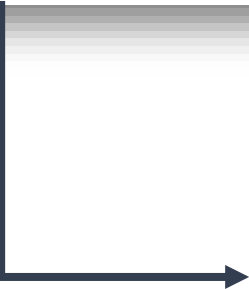
Click here to download pictures. To help protect your privacy, Outlook prevented automatic download of some pictures in this message.

Phish Alert

+ Get more apps

[EXTERNAL SENDER: United States]

This is an invite from your company to confirm your enrollment in the COVID-19 monitoring program. [To confirm, please follow this link.](#) Google Chrome is the preferred browser.



Please confirm your details below to complete your enrollment.

We will send a link to take a survey, once a day at the time you specify below. Please make sure this is before your start of work. The time is approximate, so we suggest giving at least an hour prior to your arrival to allow for delivery. The survey itself takes less than a minute.

When do you want to be alerted?

6 am

Mountain

M

T

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T

F

S

S

At 06:00 AM Everyday

How do you want to be alerted?

☒ ali.reeg@healthcheck360.com

☐ 111-111-1111

Please specify a valid phone number.

☒ I agree to receive SMS text messages from HealthCheck360 as a daily reminder to complete my survey at the time provided above. I understand that message and data rates may apply.

☒ I agree to HealthCheck360's [Terms of Use](#) and [Privacy Policy](#)

Confirm Enrollment

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STEP 2: START ASSESSMENT

Welcome to the COVID-19 Symptom Tracker

The following is a tool based on CDC recommendations to help you better assess whether you may have contracted the COVID-19 Coronavirus.

This tool is not meant to take the place of consultation with your health care provider or to diagnose or treat conditions. If you're in an emergency medical situation, call 911 or your local emergency number.

The COVID-19 Coronavirus is a new disease that we are still learning more about every day. As such, you should always speak with a doctor if you are unsure about what to do.


At the end of the Coronavirus symptom tracking tool, you will have an opportunity to connect with a HealthCheck360 clinical resource with any questions or concerns that you might have regarding COVID-19.

By finishing this survey, you certify under penalty of perjury that your answers are true and correct, and that the failure to respond in such a manner may result in the termination of employment.

Start Assessment



IF YOUR SYMPTOMS ARE LIFE-THREATENING, CALL 911



Welcome to the COVID-19 Symptom Tracker


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If you feel that you have life-threatening symptoms, stop and call 911. Call 911 if you have

- ☐ Constant chest pain or pressure
- ☐ Severe difficulty breathing
- ☐ Severe shortness of breath
- ☐ Severe, constant dizziness or lightheadedness
- ☐ Extreme difficulty waking up
- ☐ Any other extreme or life-threatening symptoms
- ☒ None of the above

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ARE YOU FEVERISH?



Welcome to the COVID-19 Symptom Tracker

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**Do you feel feverish or have a fever (greater than 100.3°F / 38°C),
or possible fever symptoms like alternating shivering and
sweating?**

Yes

No

NEW OR WORSENING COUGH?



Welcome to the COVID-19 Symptom Tracker

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Do you have a **NEW** or **WORSENING** cough?


Yes

No

*Please note: This question wants to know if the symptoms you are experiencing are different from your baseline health.



NEW SHORTNESS OF BREATH?



Welcome to the COVID-19 Symptom Tracker

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Do you have any NEW shortness of breath, trouble breathing, or wheezing? (If severe, contact 911 or health professional immediately.)

[Yes](#) [No](#)

*Please note: This question wants to know if the symptoms you are experiencing are different from your baseline health.

CHECK ANY OR ALL THAT APPLY



Welcome to the COVID-19 Symptom Tracker

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In the last 48 hours, have you had any of the following symptoms?

- ☐ New chills
- ☐ New muscle aches
- ☐ Sore throat
- ☐ Diarrhea
- ☐ New loss of smell or taste, or a change in taste
- ☒ None of the above

Next

*Please note: This question wants to know if the symptoms you are experiencing are different from your baseline health.

HAVE YOU BEEN IN CONTACT WITH SOMEONE WHO HAS COVID-19?



Welcome to the COVID-19 Symptom Tracker

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Have you been in contact with someone who has tested positive for Coronavirus, has COVID-19 or is being evaluated for Coronavirus (person under investigation) in the past 14 days?

[Yes](#) [No](#)



HAVE YOU BEEN TESTED OR DO YOU HAVE AN APPOINTMENT TO GET TESTED?

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Have you been tested for COVID-19 in the past 14 days? Viral tests check samples from your respiratory system (such as swabs of the inside of the nose) to tell you if you currently have an infection with SARS-CoV-2, the virus that causes COVID-19.

- ☐ Yes (Tested Positive <=14 days ago)
- ☐ Waiting on Results
- ☐ Yes (Tested Negative)
- ☐ Yes (Tested Positive >14 days ago)
- ☐ No

Next



ENTER YOUR MEASURED TEMPERATURE




Welcome to the COVID-19 Symptom Tracker

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What was your measured temp?

Next

VERIFY YOU ANSWERED THESE QUESTIONS TRUTHFULLY



Welcome to the COVID-19 Symptom Tracker

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Verification of responses

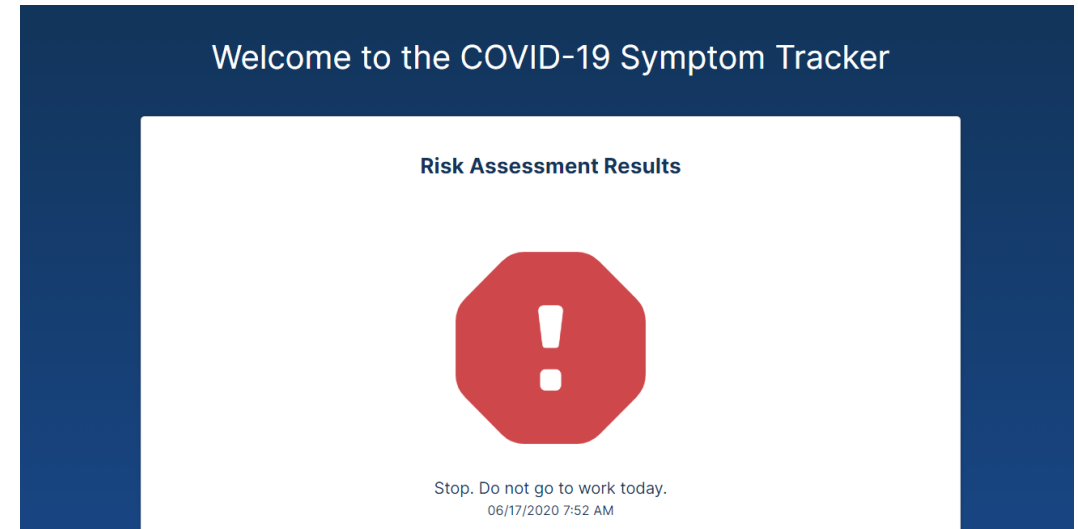
☐ By finishing this assessment, you certify that your answers are true and correct, and that the failure to respond in such a manner may result in disciplinary action, up to and including termination.

I accept

YOU WILL RECEIVE ONE OF THESE OUTCOMES BELOW, BASED ON YOUR ANSWERS



You may proceed to work as usual. If you have any concerns, please contact Human Resources at hr@knox.edu.



Please stay home for now. Do not come to work until you have been cleared to do so by Human Resources.

1. Human Resources will be reaching out to you via phone, text, or email (whichever way you receive these daily surveys) today. You do not need to call in sick. Human Resources and your immediate supervisor (for staff)/Academic Affairs (for faculty) have been notified that you have been asked to stay home.
2. Contact your health care provider if you wish to seek medical attention
3. For additional information, click on <https://www.healthcheck360.com/en/covid-19>

QUESTIONS?

