# KNOX COLLEGE

## Knox College in Galesburg – A Great Place to Live

### Galesburg is a small, vibrant city that embraces a rich arts and cultural life

There is always something to do in Galesburg. Shopping on Seminary Street, where the stores all have a unique, local flavor. Hikes and bike rides through picturesque Lake Storey. Movies at the AMC Showplace. Bowling at the Lanes. Thursday night jazz. And, of course, student clubs and activities on campus.

- The Orpheum Theatre about two blocks from Knox offers an ever-changing series of movie screenings, theatrical and musical performances. The 950-seat theatre regularly presents the Knox-Galesburg Symphony Orchestra, productions by the Prairie Players Community Theater, and many touring performers. The historic theatre was completely renovated in 1988 and celebrated its 95th birthday in 2011.
- The Galesburg Civic Art Center is a non-profit visual art gallery that has been a part of Galesburg since 1923. Each year, exhibits featuring new and established artists rotate through the gallery. Also, throughout the year, the GCAC offers exhibitions, a gift gallery, the summer Art in the Park, the Black Earth Film Festival, and the Studios Midwest Residency Program.
- The Box Studio is a dynamic studio and gallery in downtown Galesburg. Located in a refurbished industrial building, the Box also serves as a teaching gallery, where students gain experience planning and installing exhibits of their work. The Box provides individual studio spaces for advanced studio art students and visiting artists. Each fall, the Box houses an artist-in-residence who works individually with advanced students, while producing their own work for a culminating exhibit. The Box also hosts events, including history exhibits, dance and music performances, and readings.
- Nova Singers was founded in 1986 by Laura Lane (professor of music at Knox) and is a 20-voice
  ensemble with a nation-wide reputation for expressiveness, virtuosity and innovative programming.
  The ensemble has produced six professional recordings, and each year produces an eight-concert
  series in two locations four in Galesburg and four in the Quad Cities.
- Knox-Galesburg Symphony (KGS) is in its 60th season this year. The KGS is a three-time recipient
  of the Illinois Orchestra of the Year Award and Conductor of the Year Award (Bruce Polay, professor
  of music at Knox) among many other honors and awards.
- The Galesburg Community Chorus is an amateur singing group committed to sharing choral music
  with the community. The Chorus performs twice a year and hosts guest choirs and a biannual choral
  festival. The Chorus welcomes all voices.
- The Knox-Sandburg Community Concert Band (KSCCB) is open to students from Knox, students from Carl Sandburg College, and all members of the community. The band, founded in 1985 rehearses weekly and welcomes all musicians. They perform at the end of every term in Kresge Recital Hall.

#### Galesburg restaurants offer an assortment of delicious choices

- Sip coffee at The Beanhive, Cornucopia, or Innkeepers each with its own unique style and vibe.
- Enjoy a special lunch or dinner at Chez Willy's, Galesburg's most elegant restaurant.
- Grab a veggie sandwich or homemade soup at Q's Café known for their decadent brownies.
- Dive into a juicy steak at Todd Erhling's Chop House.
- Enjoy dinner al fresco at the **Landmark** with dining inside or out. Their menu offers an array of crepes, fresh entrees, and rich desserts.
- Also downtown, tucked into the corner behind Main and Cherry Street, The Cellar has authentic pizza and calzones downstairs; Fig's has fine dining and steaks upstairs.

- Drive a little farther for a special meal at En Season, where all the food is locally sourced and freshly
  made.
- Or, drive out to Henderson Street for the usual fare of fast food and Mexican- or Asian-inspired offerings.

#### Sustainability is a key component of Galesburg's economic development program

The Sustainable Business Center is an innovative business incubator designed to support and encourage green, innovative companies to grow and succeed. It offers an array of business support resources and services both in the incubator and through its network of contacts. The Sustainable Business Center also houses a commercial kitchen available to help fledgling catering and retail food businesses. The kitchen allows for food preparation, packaging and distribution of finished products in an environmentally safe facility.

The Galesburg **Farmer's Market** operates every week in downtown Galesburg, May-September, with a variety of local, fresh offerings. In addition, many families take advantage of local CSAs (Community Supported Agriculture) to share the bounty of small central Illinois farms.

Knox College supports **local farming** by purchasing some food items from local sources. In the 2011-12 academic year, Knox Dining Services purchased \$34,281 worth of local food.

Knox students grow their own fruits and vegetables in the **Urban Agriculture** class developed by Peter Schwartzman (professor of environmental studies at Knox). Students spend part of their time in classroom lecture, but they also get hands-on experience planting and tending crops. Students rotate duties, such as seeding, watering, weeding, and serving as agricultural historian. The agricultural historian's work contributes to a group research project that examines the links among farming, Knox College, and the Galesburg area, providing context to the students' farming.

### Students, faculty & staff are enthusiastic volunteers in the Galesburg area

Knox students, faculty and staff worked with other local citizens to develop the **Knox Prairie Community Kitchen** – which offers a free community meal to any and all. Volunteers prepare and staff a dinner twice each month. Local organizations and contributions help fund the purchase of food.

Through Knox's **Center for Community Service**, students contributed more than 16,000 hours of volunteer effort to Galesburg. For example:

- S.P.I.C.E. (Success, Performance, Inspiration, Community and Education) was designed and
  implemented by 10 Knox College students to increase Galesburg teen's motivation to complete high
  school and pursue a college education. S.P.I.C.E. matches Galesburg teens with Knox College
  students who mentor the teens.
- **Best Buddies International** matches students with an adult with disabilities so that they may form a friendship. The opportunity includes both group and individual activities.
- At the Community Preschool, students volunteer to serve as teachers' aides in a preschool classroom.
- Galesburg Enrichment Mentors (GEM): One-on-one tutoring for local students in grades 6-8.
- **Knox County Boys and Girls Club** provides an opportunity for students to serve as mentors to children ages 7-16 in an afterschool program.
- Odyssey Mentoring Program is a student-run organization which provides tutoring and mentoring for students in grades 6-8.
- **Reading Buddies Program** with Nielson –Students are matched with a second or third grade student for a term or a year-long commitment to help the youngster learn to read.