If You Experience Sexual Misconduct

It is most important to do what is right for you. There is no right or wrong way to respond to an act of sexual misconduct. If you or someone you know has been assaulted, a variety of resources are available and we encourage you to consider the following actions:

Seek Medical Care
The medical exam has two goals. First, to treat the full extent of any injury or physical trauma and to consider the possibilities of sexually transmitted diseases or pregnancy. Second, to properly preserve evidence in case you decide to pursue legal action.

It is important that you do not bathe, douche, brush your teeth, remove your jewelry, drink or change your clothing, as you may be destroying evidence you will need if you decide to report the incident to local law enforcement.

Galesburg Cottage Hospital
600 N. Kellogg Street
309-346-4221

OSF St. Mary Medical Center
3333 1/4 Seminary Street
309-344-3161, ext. 1155

Emergency assistance is available 24 hours a day through Knox College Campus Safety. Campus Safety officers will escort any Knox community member, provide transportation to area hospitals, and help in contacting you, a trusted third person who will support and provide you with information regarding options, including interim remedies to provide for the safety of the individual and the campus community.

Emergency contraception (EC) reduces the risk of pregnancy after unprotected sex or a sexual assault.

The most common forms of EC is Plan B Plan B. It is available without a prescription from a pharmacist.

Walgreens 24-hour Pharmacy
864 W. Fremont Street
309-308-5160

Family Planning Services of Western Illinois, Inc.
Provides local confidential, low-cost, preventative health care to all families and reaches out to help with their sexual health and reproductive health needs.

311 E. Main Street, Suite 4439
309-346-6162

Seek Support from a Confidential Source
Talking to someone you trust. There are people on campus and in the community that are trained to help you cope with the experience of sexual misconduct and consider your options.

Counselors and medical personnel at the Knox College Health and Counseling Center provide emotional and medical support in a safe and confidential space. They may not share your information without your express consent unless there is an immediate threat to your or others’ safety or you otherwise request it to be revealed. They can also help you think through your options for filing a formal report.

During regular business hours: 309-341-7492
After hours, call Campus Safety: 309-341-7979, and ask to speak with a counselor

A Victim Services Advocate from Western Illinois Regional Council (WIRC) Victim Services, a community agency, can be reached through a 24-hour crisis line. The Advocate can meet a survivor at the hospital to serve as a no-contact personal link between the hospital, local law enforcement, and their legal advocate. This person can help a victim survivor understand the choices and rights afforded to them.

Confidential sources are free to the victim survivor.

24-hour crisis line: 309-837-6555
ww.wirc.org/contacts

The Rape, Abuse & Incest National Network (RAINN) has trained volunteers on duty and available to help survivors at crisis centers across the country. These services are offered at no charge to the victim survivor.

24-Hour National Sexual Assault Hotline: 1-800-656-HOPE (4673)

Knox College Campus Safety
844 W. Fremont Street
309-343-9151 or 911

Caring Faculty and Staff Members
If you have a trusted relationship with a faculty or staff member, this may be a good place to start. With the exception of the Knox College Health and Counseling Service, all other faculty and staff of Knox College will connect you to the Title IX Coordinator. They are required to do so to ensure all victim victims of sexual assault have access to the special support and service the College is committed to providing. All incidents reported will be handled with care and concern for the person assaulted and for the welfare of the campus.

Amnesty/Good Samaritan Policy
The College recognizes that an individual who has been drinking or using drugs at the time of an incident of sexual misconduct may be hesitant to make a report because of potential disciplinary consequences. An individual who reports sexual misconduct will not be subject to disciplinary action by the College for personal consumption of alcohol or drugs at or near the time of the incident, provided that any such relations did not enrich the health or well-being of any other individual. The College may, however, initiate an educational discussion or pursue other educational remedies regarding alcohol or other drugs.

Online Anonymous Reporting Option
The College has an online mechanism for anonymous reporting of acts of sexual misconduct with complete confidentiality. The form is available at www.knox.edu/anonymousexporter under the "Forms & Requests" option at my.knox.edu. These reports will be sent to the Title IX Coordinator who will make every effort to respond, but the College’s ability to respond to an anonymous report may be limited.

For more information on Knox’s policy on sexual misconduct, visit our website.

Know Your Resources
Knox has established a Policy Against Sex Discrimination, including Sexual Harassment, Sexual Misconduct, Interpersonal Violence and Stalking that articulates the College’s set of behavior standards, common understandings of definitions and key concepts, and descriptions of prohibited conduct. The Investigation and Resolution Procedures for Allegations of Sex Discrimination, including Sexual Harassment, Sexual Misconduct, Interpersonal Violence and Stalking also outline the College’s approach to addressing reports of sexual misconduct.

www.knox.edu/titleix

Knox College is committed to undertaking prompt, thorough, impartial and fair investigations of all alleged and perceived violations of the Student Code of Conduct and the College’s policies, and considers the rights of the alleged victim(s) and the accused. Potential use of resources is based on the alleged victim’s judgment about whether and to what extent to use these resources.

www.knox.edu/titleix/what-to-do

Knox College affirm’s its commitment to create and maintain an environment free from acts of sexual assault and other types of sexual misconduct and to foster within that environment respect for the dignity of all members of the community.

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www.knox.edu/titleix/what-to-do
If Someone You Know Is Assaulted

If someone comes to you for help, recognize that they might be struggling with painful feelings—anger, fear, denial, or embarrassment. As a supportive friend or ally, you provide support, give assurance that College and community resources are available to help, and offer assistance to access these resources.

Suggestions for how to help victims/survivors of interpersonal violence:

• Be a good listener by being attentive and not passing judgment on what a victim/survivor shares with you.
• Respect the victim or survivor’s need for privacy. It is their choice what and how much to share. If you are a College employee, be candid about your obligation to report the incident to the Title IX Coordinator or a member of the Title IX Team.
• Remain patient with the victim or survivor. Each person is different in how they cope with experiencing sexual or relationship violence and how much it takes to heal.
• Help to empower the survivor. Instead of offering advice, ask how you can best support them. Offer encouragement, but do not pressure the victim or survivor to take any particular action. Respect their decisions.
• Be present for the victim or survivor. Having someone there as they explore medical, legal, and on-campus judicial options can be comforting when faced with difficult decisions and interpreting processes and procedures.
• Be mindful of your own needs and be sure to take care of yourself. People in supporting roles can benefit from professional assistance by speaking to someone at the Knox College Health and Counseling Center.

Student Group for Survivors of Sexual Assault

A support group for students who have been sexually assaulted will meet on campus. This group, led by Diane Mayfield, a counselor from WIRC-CAA Victim Services, will offer an opportunity to assist students with the healing process.

If you are a student and are interested in this group, please email Diane at diane@wirpc.org. You may also call her at 309-836-2148 or 309-837-5555, and ask for Diane. The location of the group room will remain confidential, and Diane will disclose it directly to group participants.

Escort Services

Campus Safety officers are available 24 hours a day to provide escorts on the Knox campus by calling 309-341-7979.

Sexual assault is NEVER the victim/survivor’s fault.